



Bulletin

RI District 9800

Volume 59 Number 2

July 10, 2025

Celebrating 58 Years of Service

PRESIDENT

Pam Norton

Ph 0409 667 552

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SECRETARY

Alison Vickers

Ph 0402 431 590

alandmon@bigpond.net.au

MEETING

Kew Golf Club

120 Belford Road Kew East

Thursday 12:30 pm

Meeting begins at 1pm

Apologies: **Bob Crozier**

bob_crozier@hotmail.com

Bulletin: Barb Brook

Barbrook814@gmail.com

RI PRESIDENT

Francesco Arezzo.

DISTRICT GOVERNOR

Peter Shephard

Peter.Shephard@rotary9800.org

THE FOUR WAY TEST

Is it the truth?

Is it fair to all concerned?

*Will it build goodwill and better
friendships?*

Will it benefit all concerned?

LINKS

[Garden DesignFest](#)

[Facebook Rotary D9800](#)



President's Message



Good afternoon everyone - I'd like to extend a very warm welcome to the Rev Natalie Dixon-Monu, and to Kim who is accompanying her. We also welcome other guests: Meg Anderson, Tammy Shepherd., Gillian Crozier and Paddy Monu.

This week is National Naidoc Week, celebrating "the history, culture and achievements of Aboriginal and Torres Strait Islander peoples." It's fitting that we acknowledge the work of Rotary in supporting indigenous communities throughout Australia. Our club enthusiastically endorses the Darwin sewing project to be led by Jill Forsyth and Jennie Gale in August.

July is Maternal and Child Health Month in our District Calendar; the month is dedicated to raising awareness and promoting initiatives focused on improving the health and wellbeing of mothers and children.

On a club level, thanks to everyone for all your help and support leading up to the Changeover Dinner. It was fantastic to see so many club members in attendance, and to receive messages of support as well. Congratulations again to Pam for her review of the year and for her very successful year as President. I have big shoes to fill!

Thanks also to Barb Brook for preparing the Changeover Bulletin, and to all who took photos on the night. I would like to once again reaffirm a commitment to focus on relationships this year, building on from Pam's work. We will benefit from continuing to value each member of the club, and to reach out to welcome others, with the aim of increasing our membership. Andrew Dalziel and his team are planning in this area.

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Dates for Your Diary

Thursday 17 July

1pm RCK meeting Speaker Justin MacLean
Georges. The Shop in Collin's Street

Thursday 24 July

10.30am Morning Tea Sackville Grange & view
apartments. There is no cost for members and friends
to attend. However it is a great fundraiser for the Club.
Please let Margaret know if you can support this event.
We need a minimum number of people for the Club to
benefit.
(no lunchtime meeting at Kew Golf Club)

Thursday 31 July

1pm RCK meeting Speaker George Petro, Portrait Artist

4 – 18 August

Opportunity to be in Darwin to be part of the project:-
To explore opportunities to develop economic
empowerment for Indigenous communities.
Please talk with Jill and Jennie. There is still time to be
involved including helping to procure items.

Thursday 7 August

1pm RCK meeting –Speaker Michael Stillwell “Le Man”

Tuesday 12 August

5-30pm Board Meeting – Colin's

Thursday 14 August

1pm RCK meeting –Speaker Adrian Davis
“Peace Poles and ROMAC”

Thursday 21 August

1pm RCK meeting –Fellowship

Thursday 28 August

1pm RCK meeting –Speaker Julie Armstrong
“Hope in a Suitcase”

Thursday 18 September

1pm RCK meeting
District Governor Visit

Happy Birthday for July to

Jennie Gale (12)
Chris Ewart (31)



President's Message con'd

We can look forward to some engaging social events;
Margaret Turner and her team already have plans in
train, combining with the Rotary Club of Canterbury to
organise a film night.

On Saturday I attended the District Changeover, when
Past District Governor Michael Lapina was succeeded
by Peter Shephard. The many awards and
presentations at the event showcased all the amazing
work done by Rotarians across District 9800 and
beyond.

Joan Scott

Toast

The toast to Rotary International and the Rotary Club of
Kew also acknowledged Rotary in Australia where there
are 1000 clubs in 19 districts..

Almoner

Das continues to have regular contact with our
members, and we thank him most sincerely for his
continual care.

Thought of the Day

The thought this week was contributed by Jennie
“Help others and give something back. I guarantee you
will discover that while public service improves the lives
and the world around you, its greatest reward is the
enrichment and new meaning it will bring to your own
life.

Arnold Schwarzenegger

Raffle

Th raffle was won this week by Evelyne

Bank Account Details

When making payments directly to the Rotary Club of
KewClub, please use the following details:

Bendigo Bank BSB 633-000
Account 125381590

Please remember to include your name and reason for
payment in the reference

Guest Speaker

We were delighted to welcome Rev Natalie Dixon back today and heard how the Rotary Club of Kew has helped Boroondara Community Outreach (BCO) enormously.



We were reminded of the \$20,000 the Club gave 2 years ago and how since COVID (2022 – 2024 were the figures we were shown) there has been an exponential curve in the help people have needed. Food help has gone from 55->129 -> 170 per week. Those requiring help used to be all singles. Now it is 55% singles, 41% families and 4% couples.

Natalie talked of how they work like a Mission . She talked of the
Community hub and lunches
Emergency food relief (190 people helped each week)
also Isolation meals
Police emergency food packs
Crisis support
Homelessness support
Groups – Art, Sewing Tai Chi, Band, Ukulele, Choir
Social events
Christmas luncheon
Christmas Day lunch
The 640 Christmas hampers made up last year.
She shared how the money provided is used.

We heard of the wonderful CORKs program through the RCK that provides tax deductible status for donations to BCO. Jill manages this. If you wish to donate <https://www.bcokew.org/donate-2>

You may not have thought of yourself as a volunteer at BCO, but my supporting RCK in collecting groceries in December outside Woolworths or Coles, you are one of their volunteers. We will be doing it again this year and we will have the dates soon.

β

President Elect

As Barb was not able to attend the Changeover last Thursday, Joan presented her with her President Elect badge at today's meeting.



July is



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Mental Health First Aid



Rotary

**Most Financially Sound
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Most Powerful
Networking Service
Organization**

Whose flag is recognized in more
Countries than any other flag in the world

Every minute of every day Rotary:

- * Feeds someone
- * Houses someone
- * Vaccinates someone
- * Performs surgery on someone
- * Comforts someone
- * Provides clean water to someone

THIS IS ROTARY!



ROTARY DISTRICT 9800
ARH COMMITTEE PRESENTS



MENTAL HEALTH FIRST AID Australia

An Online Blended
Mental Health First Aid

Zoom Course
9.30am-12pm
on Saturday 16th and 23rd August 2025

Plus eLearning Modules to be completed prior to the TWO 3.5 hour online sessions

Available NOW at a discounted rate of \$210 per person, with 50% donated to Australian Rotary Health

Anyone can have a conversation that may save a life. Everyone should know how.
Learn how to provide initial support to another adult who may be experiencing a mental health problem or mental health crisis, until professional help is received or crises resolves

Why attend a Mental Health First Aid training Course?

- Intervene Early
- Offer Support
- Respond in a Crisis
- Reduce Stigma

Why be a certified Mental Health First Aider?
Over 40% of Australians aged 16-85 years experience a mental illness in their lifetime. Everyone in the community can play a role in early intervention to support a person developing a mental illness or experiencing a mental health crisis.



Facilitator
MHFA Co-founder & Rotarian
Betty Kitchener AM

Register TODAY - limited spaces available and open to the public.
Contact: Dr Suresh Marcandan (D9800 ARH Committee)
Email: suresh@stellamarisinternational.com
Mobile: 0448 838 838

Rotary Districts of Australia | Australian Rotary Health

The Rotary Club of Kew acknowledges the ongoing support of the following businesses

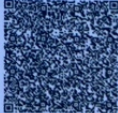


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Meeting Duty Roster

Date	Chair	Host	Meeting Equipment	Cashier-1	Cashier-2	Thought
17-Jul	Maddock G	Burns C	Crozier B	Dadafarin M	Verginis G	Hoath R
31-Jul	Bourke M	Maddock G	Burns C	Devidas D	Perks E	Dias C
07-Aug	Brook B	Crawford J	Tan M H	Dias C	Stewart P	Crozier B
14-Aug	Dias C	Levin R	Cohen J	Maddock G	Stillwell M	Maddock G
21-Aug	Turner- Atkins M	Verginis G	Devidas D	Norton P	Dalziel, A	Dalziel A
28-Aug	Vickers A	Wen K	Hoath R	Crawford J	Bourke M	Mcfarlane M