



# Bulletin

RI District 9800

Volume 60 Number 12

September 10, 2026

*Celebrating 60 Years*

## PRESIDENT

Barb Brook OAM

Ph 0413 008 571

[Barbrook814@gmail.com](mailto:Barbrook814@gmail.com)

## MEETING

Kew Golf Club

120 Belford Road Kew East

Thursday 12:30 pm

Meeting begins at 1pm

Apologies: **Bob Crozier**

[Bob\\_crozier@hotmail.com](mailto:Bob_crozier@hotmail.com)

Bulletin: Barb Brook

[Barbrook814@gmail.com](mailto:Barbrook814@gmail.com)

## RI PRESIDENT

Olayinka Hakeem Babalola

## DISTRICT GOVERNOR

Graeme Hope

[graeme.hope@rotary9800.org](mailto:graeme.hope@rotary9800.org)

## THE FOUR WAY TEST

*Is it the truth?*

*Is it fair to all concerned?*

*Will it build goodwill and better  
friendships?*

*Will it benefit all concerned?*



**CREATE LASTING IMPACT**

## Links

[Garden DesignFest](#)

[Facebook](#)

**Rotary D9800**

## President's Message



RUoK? Today is RUoK day Day. It is a reminder that a simple conversation can make a real difference.

However, you don't need to wait for R U OK? Day.

This week we saw Social Media and Communication at its best. On page 3 read about our bra collection in partnership with the Rotary Club of Hawthorn as we support Portland Rotary with their Fiji project and see what can happen in a few days.

Although not formally a Rotary project there are more details of the Friends of Willsmere Billabong project being set up by Rotary members Pam and Alison. The Boroondara Council is responsible for the 'Friends of' programs and provides support and some funding. For this reason, a form needs to be completed before you attend the first time. I hope that many of you will be able to support this initiative and also share it with friends and family.

Sunday 20 September there will be a short Ceremony at the Peace Poles in Victoria Park with the Rotary Club of Canterbury and Pam tells me the District Governor will be in attendance. You will then have the opportunity for a short Walk for Polio Plus before lunch at the Harp Hotel.

As a Club we are attending DIK on 1<sup>st</sup> October and I hope that as many of you as possible will be able to attend to do some Service and be part of our Club meeting. It would be good if we could organise some car pooling. Please talk to Margaret if you can provide transport or if you would like a ride. Margaret is also organising lunch

Have a wonderful week

Barb



**CREATE LASTING IMPACT**

[www.rotaryclubofkew.org.au](http://www.rotaryclubofkew.org.au)

## Dates for Your Diary

### Monday 14 September

10am RCK Coffee Fellowship - Via Verona  
5.30pm Board Meeting- Hengameh's

### Thursday 17 September

1pm RCK meeting Kew Golf Club  
Speaker Michael Stillwell – Baden Powell in Stockholm

### Sunday 20 September

10.30am Celebrate World Peace Day in Victoria Gardens, before a Polio Walk and then lunch at the Harp Hotel.

### Monday 21 September

10am RCK Coffee Fellowship - Via Verona

### Thursday 24 September

1pm RCK meeting Kew Golf Club  
Speaker Teresa Molella Boroondara Citizen of the Year

### Monday 28 September

10am RCK Coffee Fellowship - Via Verona

### Thursday 1 October

Visit to Donations in Kind (DIK) in place of our regular meeting location  
From 10am for Service before our meeting and lunch

### Monday 5 October

10am RCK Coffee Fellowship - Via Verona

### Thursday 8 October

1pm RCK meeting Kew Golf Club  
Speaker Wes Gault Mayor Boroondara  
'What on earth do your Councillors actually do ! '

### Monday 12 October

10am RCK Coffee Fellowship - Via Verona  
5.30pm Board Meeting

### Thursday 15 October

1pm RCK meeting Kew Golf Club  
Speaker Bob Slater AM - s  
Vocational Service: A Reflection on this understated second avenue of service.  
Also Mad Hat Day for Lift the Lid on Mental Health.  
Don't forget to wear your hat.



### Monday 19 October

10am RCK Coffee Fellowship - Via Verona

### Thursday 22 October

11.30am RCK Board meets with the District Governor  
1pm RCK meeting Kew Golf Club  
District Governor Visit

### Monday 26 October

10am RCK Coffee Fellowship - Via Verona

### Thursday 29 October

1pm RCK meeting Kew Golf Club  
Halloween and Cup Sweep

### Rotary South Pacific Conference, 30 October – 1 November 2026

Melbourne Convention and Exhibition Centre,  
[www.rotarysouthpacific.org](http://www.rotarysouthpacific.org)

### Monday 2 November

10am RCK Coffee Fellowship - Via Verona

### Thursday 5 November

1pm RCK meeting Kew Golf Club  
Dress for the Cup. There will even be some races.

### Monday 9 November

10am RCK Coffee Fellowship - Via Verona

### Thursday 12 November

1pm RCK meeting Kew Golf Club  
Acknowledging Remembrance Day

### Monday 16 November

10am RCK Coffee Fellowship - Via Verona

### Thursday 19 November

1pm RCK meeting Kew Golf Club  
RCK AGM

### Saturday 21 & Sunday 22 November Garden DesignFest

### Monday 23 November

10am RCK Coffee Fellowship - Via Verona

## Dates for Your Diary Looking ahead

### RCK Christmas Lunch

### Thursday 10 December

12.30pm Kew Golf Club

### Rotary Multi District Summit 2027

16 – 18 April 2027 Warrnambool  
(On to Conference Co-ordinator Joan)  
\$378.00 (at present)

### Rotary International Convention 2027

26- 30 June 2027– Barcelona (originally scheduled for Dubai)

### RCK 2027 Changeover

Thursday 1 July 6pm for 6.30pm Kew Golf Club

## Operation Uplift

In partnership with Rotary Hawthorn RCK are collecting bras for ladies in Fiji. (These do not need to be new.) The collection this year will run till the end of October.

Bras can be brought to RCK meetings or left at the Fair Trade and Gift Shop 650 High Street East Kew (Tuesday – Saturdays) for Barb to collect.

Kew East Recycling assisted with our

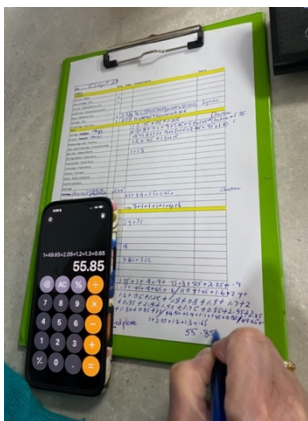


collection last Saturday 55.85kg was collected Thanks Hengameh and Kim for assisting with the collection.



The setup at East Kew Community Recycling

Dorothy will now count and pack them



## Plastic Bottle Tops

We continue to collect plastic bottle tops for our Darwin STEM project.

Bottle tops can be brought to Thursday meetings or dropped at the Fair Trade and Gift Shop.

## Toast

The toast today was to Rotary International, The Rotary Club of Kew and the Rotary Club of Jamaica. (There is no Club in our District beginning with 'J')

## World Peace Day & Walk for Polio

September 21<sup>st</sup> each year is the International Day of Peace, or World Peace Day.

In 2025, on this day, the Rotary Clubs of Canterbury and Kew held a ceremony to unveil four Peace Poles in Victoria Park, Kew.

This year, we plan to hold a ceremony at the Peace Poles on World Peace Day (our ceremony this year will necessarily be the day before, on **Sunday September 20<sup>th</sup>** to rededicate our Peace Poles and continue to acknowledge the paramount importance of Peace in the world. We need to renew our efforts to do what we can to contribute to this in our own lives.

After the ceremony there will be a walk around Victoria Park in recognition of Rotary's ongoing project to eliminate polio from the world. We ask those who choose to walk to give a donation to this cause.

Following the walk, participants are encouraged to join us at the **Harp Hotel, 636 High St. Kew** for lunch. The Harp is an easy walk or a very short drive from Victoria Park.

By fostering peace in our own lives and in our community, we play our part in aiding world peace.

**RSVP for lunch:** Pam (0409667552) asap.

Pam

## Stroke Recovery Victoria (SRV)

We were delighted to welcome Michael Maher



Deputy Chair of SRV to our Meeting today. This enabled Joan to formally present him with our \$5000 donation. We heard from Michael

how with the assistance of the Freemasons he was able to organise a 1:4 donation allowing our money to provide him with \$20000. He was able to get 2 more donations from other organisations and finished up with 60000 which has enabled SRV to open more Stroke Support Centres across Victoria, focused on ensuring community inclusion for stroke survivors. The centres are at Wonthaggi, Phillip Island, Wangaratta, Ballarat, Bendigo and the Bellarina Peninsula The centres are a local hub for stroke survivors transitioning out of clinical care where they can receive support and education on real-life needs and services. **Margaret is a life member of SRV and Colin Scott is a Board member.**

## Friends of Willsmere Billabong

RCK members will hopefully be a supporter of this initiative and we thank Pam and Alison for taking on the leadership. Please support them.

Pam and Alison have formed a "Friends of Willsmere Billabong" group. Willsmere Billabong is in Willsmere Park, just along from Kew Golf Club.

We will meet once a month at the Billabong to weed, plant and mulch and hopefully do some "Citizen Science", for example, counting frogs or birds.

We will meet on the **second Wednesday of each month**, excluding December, January and February or days when the weather is inclement. **10am to 1pm**, and morning tea will be provided.

We are asking for volunteers for the first working bee, on **Wednesday October 14<sup>th</sup>**. The billabong is a lovely natural environment in which to spend time, and you will be doing important work for the community.

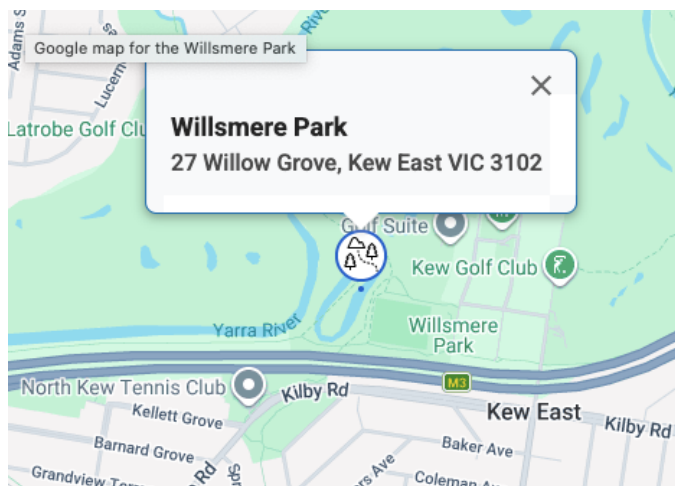
Please let one of us know if you can attend. There is a form that needs to be filled out for the Council beforehand, for insurance purposes.

You may have a friend who would like to join in and they would be most welcome, we just need to know beforehand.

Please help us to make this a successful ongoing project.

Pam 0409 667 552

Alison 0402 431 590



## Thought of the Day

The thought was contributed by Barb  
 "One word of encouragement can be enough to spark someone's motivation to continue with a difficult challenge"

Roy T Bennett

Our Guest Speaker today, Pauline McKinnon OAM, is



an author and psychotherapist who has practised and taught Stillness Meditation for over 40 years. Pauline's late husband Don was a Past President and long standing member of Kew Rotary.

Pauline's interest in Stillness Meditation began following severe personal anxiety triggered by a series of family traumas, including the deaths of four close family members. At the time Pauline was a young mother, often feeling completely overwhelmed.

Before the birth of her fourth child, Pauline was introduced to the work of Dr Ainsley Meares, subsequently seeing him for Stillness Meditation therapy. She persevered, gradually becoming more confident with the demands of motherhood and life in general.

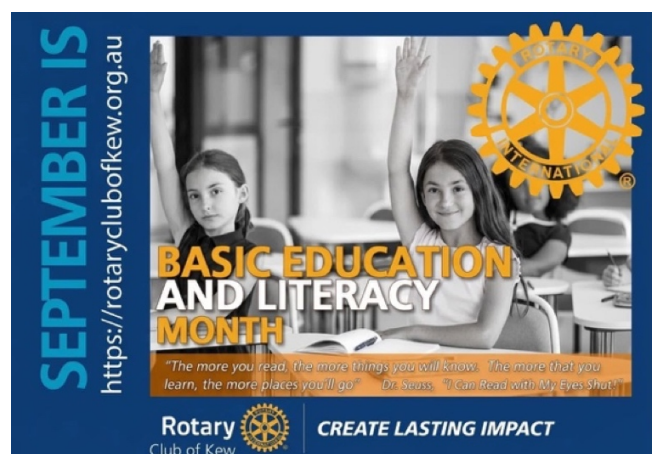
Following her recovery, Pauline had a strong desire to use her experiences to help others; this led to her writing the book "In Stillness Conquer Fear". Dr Meares then encouraged her to teach others about anxiety, assisting them to reach complete stillness of mind, and eventual healing.

Pauline describes Stillness Meditation as "rest for the body and rest for the mind."

Pauline is internationally known for her pioneering book "In Stillness Conquer Fear," which continues to offer hope and relief to anxiety sufferers throughout the world. She also offers counselling and has recently collaborated with neuroscientists and philosophers at Monash University, on research into stillness-based practices.

Joan

## September is



## DIK AGM

Call for Nominations for Board Positions for Donations in Kind Inc, (DIK)

As per our new constitution we are advising that our Annual General Meeting (AGM) is to be held on Saturday 3<sup>rd</sup> October at 10.00 am at the DIK premises.

During this meeting all positions on the current Committee of Management will be declared vacant and there will be an election for the following positions under our new Board Structure. The positions are:

Chair / Deputy Chair / Operations Manager / Secretary / Treasurer

Given our club is a member of DIK, DIK are seeking nominations from Barb RCKs representative or any current members of our club who may be interested in serving on the DIK Inc Board in the roles above. There are further opportunities for members to nominate as DIK can have up to 6 Ordinary Board members. However, the AGM must first by resolution decide the number of ordinary members of the Board it wishes to hold office for the next year. Naturally, this number is not known at this point but we will be advised once this formality is completed and the nature of the role. A single election will be held to fill all of those positions. Barb has the nomination form.

## Almoner

Das continues to have regular contact with our members, and we thank him most sincerely for his continual care.

Please let Das know if you are not well or having surgery or if you become aware of other members not well.

## Raffle

The raffle was won by Michael

## Bank Account Details

When making payments directly to the Rotary Club of Kew Club, please use the following details:

**Bendigo Bank BSB 633-000 Account 125381590**

Please remember to include your name and reason for payments

## Other Rotary Clubs and District 9800



### ROTARY HAWTHORN

## FUNDRAISING LUNCHEON

RAISING FUNDS FOR

Australian Rotary Health and Rotary Hawthorn Community Projects

**GUEST SPEAKER**



**PROFESSOR JODIE MCVERNON AO**  
DIRECTOR OF EPIDEMIOLOGY,  
DOHERTY INSTITUTE FOR INFECTION AND IMMUNITY

**PREPARING FOR UNCERTAIN FUTURES**

Jodie's team has informed local and international responses to the 2009 H1N1 influenza and COVID-19 pandemics. Her particular interest is in the population impact of infectious diseases and control interventions, and the need for a whole of society lens in preparedness and response.

| DATE AND TIME                         | VENUE                    | COST            | RSVP                                           |
|---------------------------------------|--------------------------|-----------------|------------------------------------------------|
| Friday 2 October<br>12.30pm to 2.30pm | Kooyong Lawn Tennis Club | \$85 per person | by Friday 25 September.<br>Places are limited. |

**BOOK ONLINE**

Scan the QR Code on the right or visit:

<https://www.trybooking.com/DNXAL>





[www.hawthornrotary.org.au](http://www.hawthornrotary.org.au)

## Rotary Walk with Us in 2026

1 - 31 October

Here is your opportunity to

**HAVE FUN, GET FIT**

and help yourself

**WHILE HELPING OTHERS**




Join others this October as we get active and raise funds for Rotary's number one global project. Everyone in the community can take part and help make history by supporting the effort to eradicate polio worldwide.

Register yourself to walk solo or form a team with your family, friends and club members and seek sponsorship for every step taken.

Rotary has been working towards this goal for more than 30 years with cases of polio reduced by 99.9%. This is the final push.

Each dollar raised will help us reach our fundraising goal of \$100,000 to vaccinate all children against polio. Each dollar becomes \$3 thanks to the Gates Foundation.

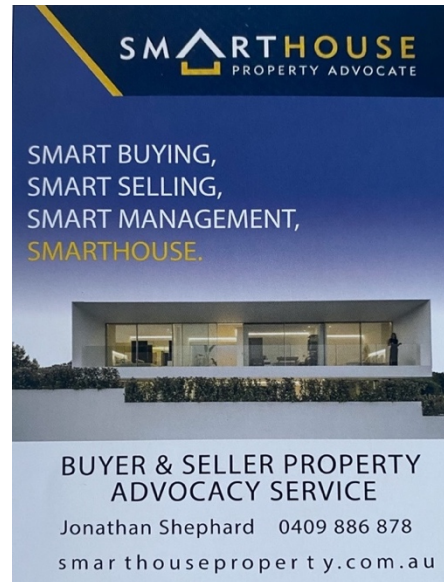
All donations are tax deductible and for Rotarians count towards your overall RI donation credits.

**Register at: Rotary Walk With Us End Polio : Home**

And be ready to start walking, running, cycling, swimming and fundraising on 1 October.

Register at <https://www.rotarywalkwithus.org>

**The Rotary Club of Kew acknowledges the ongoing support of the following businesses**



**Meeting Duty Roster**

With the new roster, if you cannot complete your duty, you are asked to **please find your replacement** from your Avenue of Service Committee (AoS) and please let Bob know preferably by Tuesday, so that the meeting agenda is as accurate as possible

Those on the Thought are asked to please email it through to the Bulletin editor preferably before the meeting  
Fred is thanked most sincerely for all his work on completing the roster

| DATE                 | AoS  | CHAIR           | AoS  | SETUP         | AoS  | CASHIER-1       | AoS | CASHIER-2         | AoS  | HOST                | AoS  | THOUGHT         |
|----------------------|------|-----------------|------|---------------|------|-----------------|-----|-------------------|------|---------------------|------|-----------------|
| 17-Sep               | Com  | Jennie Gale     | Club | Bob Crozier   | Int  | Robert Levin    | Int | Mark Bourke       | Int  | George Verginis     | Yth  | Fred Payne      |
| 24-Sep               | Yth  | Fred Payne      | Yth  | Colin Burns   | Com  | Russell Hoath   | Yth | Michael Stillwell | Com  | Hengameh Amiry      | Club | Gaie Maddock    |
| 1-Oct<br>Meet at DIK | Club | Gaie Maddock    | Club | Das Devidas   | Com  | Sophie Torney   | Com | Mike McFarlane    | Yth  | Joan Scott          | Int  | George Verginis |
| 8-Oct                | Int  | George Verginis | Int  | Doug Brown    | Club | Wendy Garling   | Com | Moh Dadafarin     | Yth  | Jonathan Shepherd   | Com  | Hengameh Amiry  |
| 15 Oct               | Com  | Hengameh Amiry  | Club | Evelyne Perks | Yth  | Allison Vickers | Com | Pam Norton        | Com  | Kim Wen             | Com  | Jennie Gale     |
| 22 Oct               |      | Barb Brook      | Club | Mah Hoon Tan  | Int  | Andrew Dalziel  | Int | Peter Stewart     |      | District Governor's |      | Visit           |
| 29 Oct               | Int  | Jill Forsyth    | Yth  | Fred Payne    | Club | Bob Crozier     | Int | Robert Levin      | Club | Margaret Turner     | Yth  | Joan Scott      |
| 5 Nov                | Yth  | Joan Scott      | Club | Gaie Maddock  | Com  | Cam Dias        | Com | Russell Hoath     | Int  | Mark Bourke         | Club | Joel Cohen      |